

Improving Sepsis Care through Strong Multidisciplinary Collaboration



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PROGRAM OBJECTIVES

- Identify factors that impede early recognition and treatment of sepsis
- 2. Improve compliance with the recommended sepsis care bundle
- 3. Measure outcomes as percentage of sepsis care bundle compliance and associated mortality

PROGRAM DESCRIPTION

- Early recognition and treatment of sepsis is a major local, state, national, and global challenge
- In October 2015, Centers for Medicare & Medicaid Services (CMS) introduced the SEP-1 core measure for adult patients with severe sepsis and septic shock through a sepsis care bundle
- At that time, Marshfield Medical Center (MMC) formed the Sepsis Committee to help streamline what is arguably the most challenging core measure introduced by CMS to date (Table 1)
- MMC is a 500-bed tertiary hospital within the greater Marshfield Clinic Health System (MCHS) located throughout northern central Wisconsin
- As the main campus of MCHS, we have continuously identified new barriers to sepsis care bundle compliance and strive to improve
- Formation of the Sepsis Committee was the foundation of this project

DESCRIPTION OF INNOVATION

- Sepsis Committee is a multidisciplinary team who, through a collaborative effort, functions to optimize care and improve outcomes for patients with severe sepsis and septic shock (Figure 1)
- Involvement of key stakeholders facilitated downstream implementations

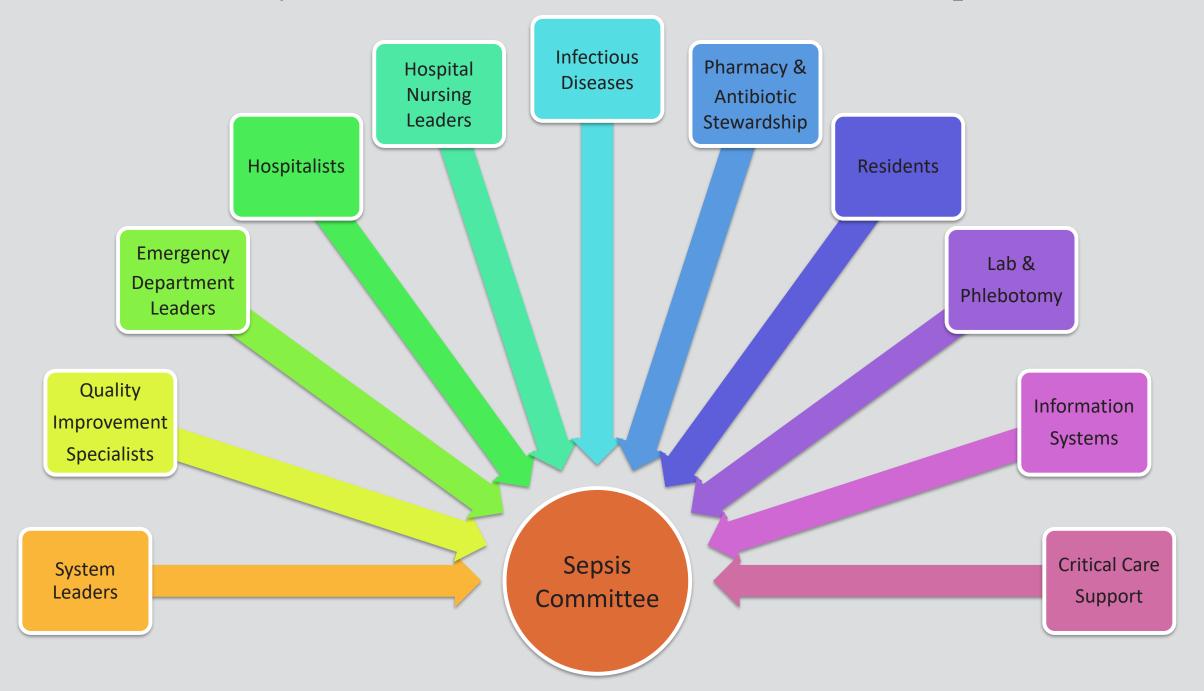
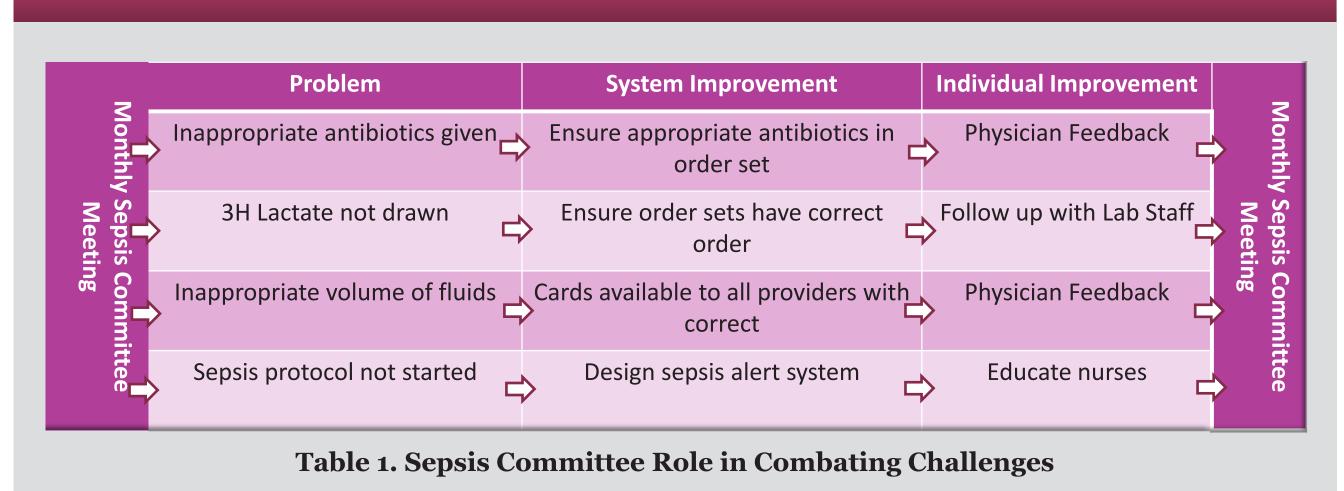


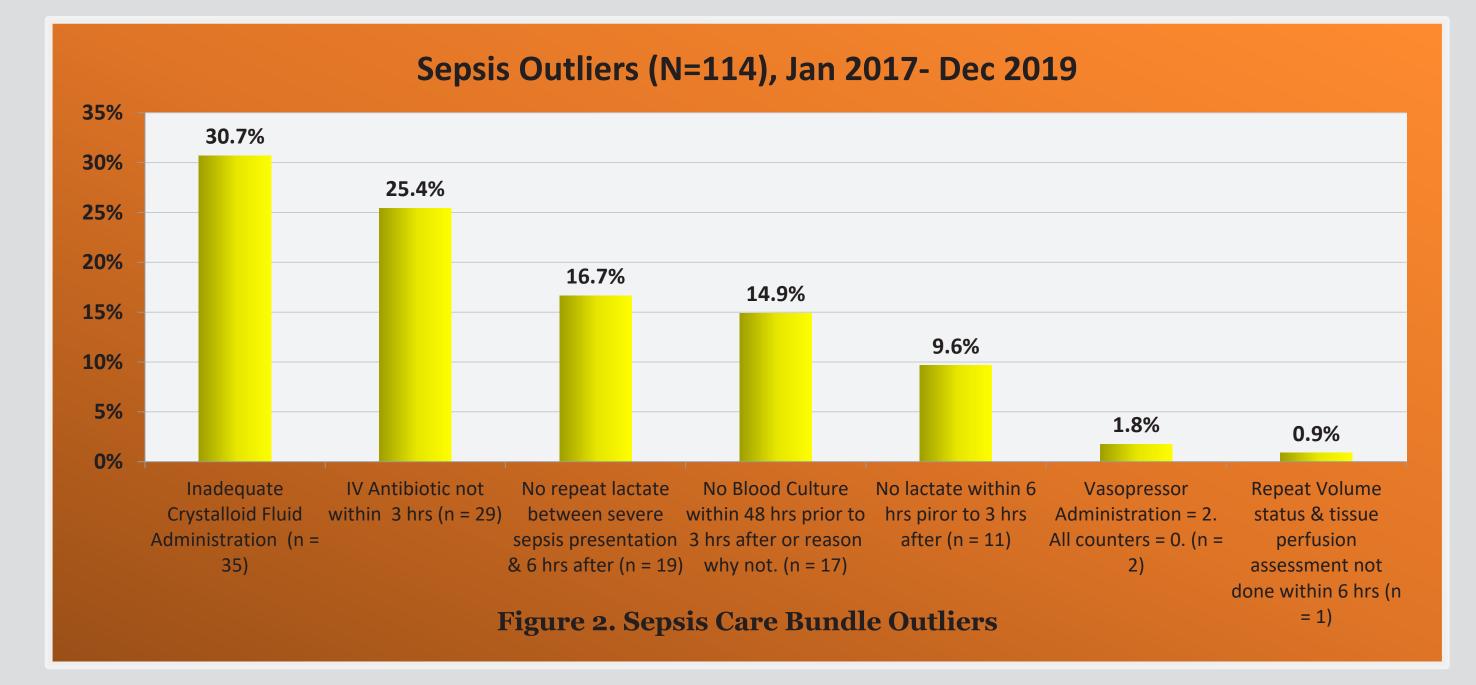
Figure 1. Sepsis Committee key members

BARRIERS



QUALITY IMPROVEMENT INITIATIVES

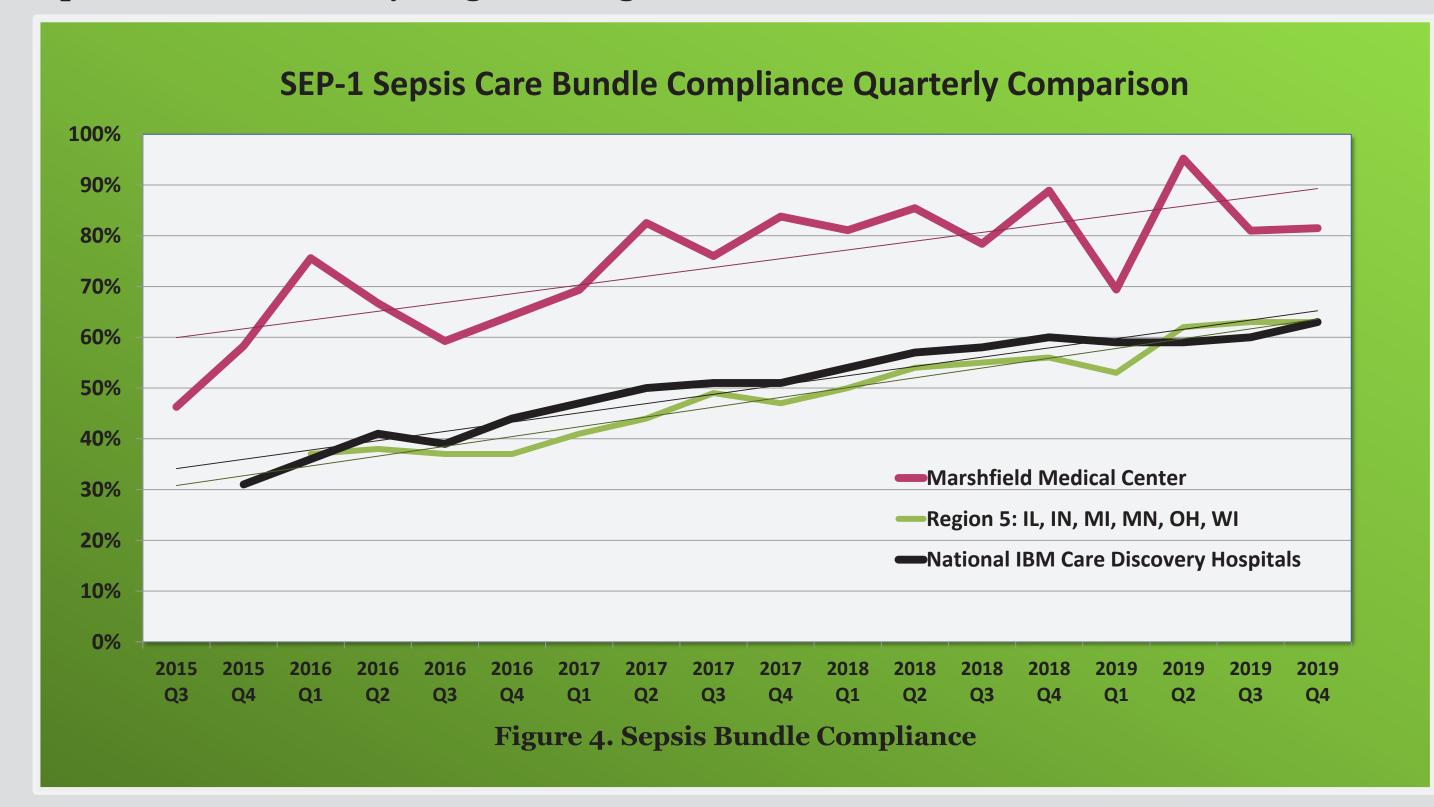
- We obtained all SEP-1 patient records through our Quality Department
- We analyzed each patient case for the following metrics:

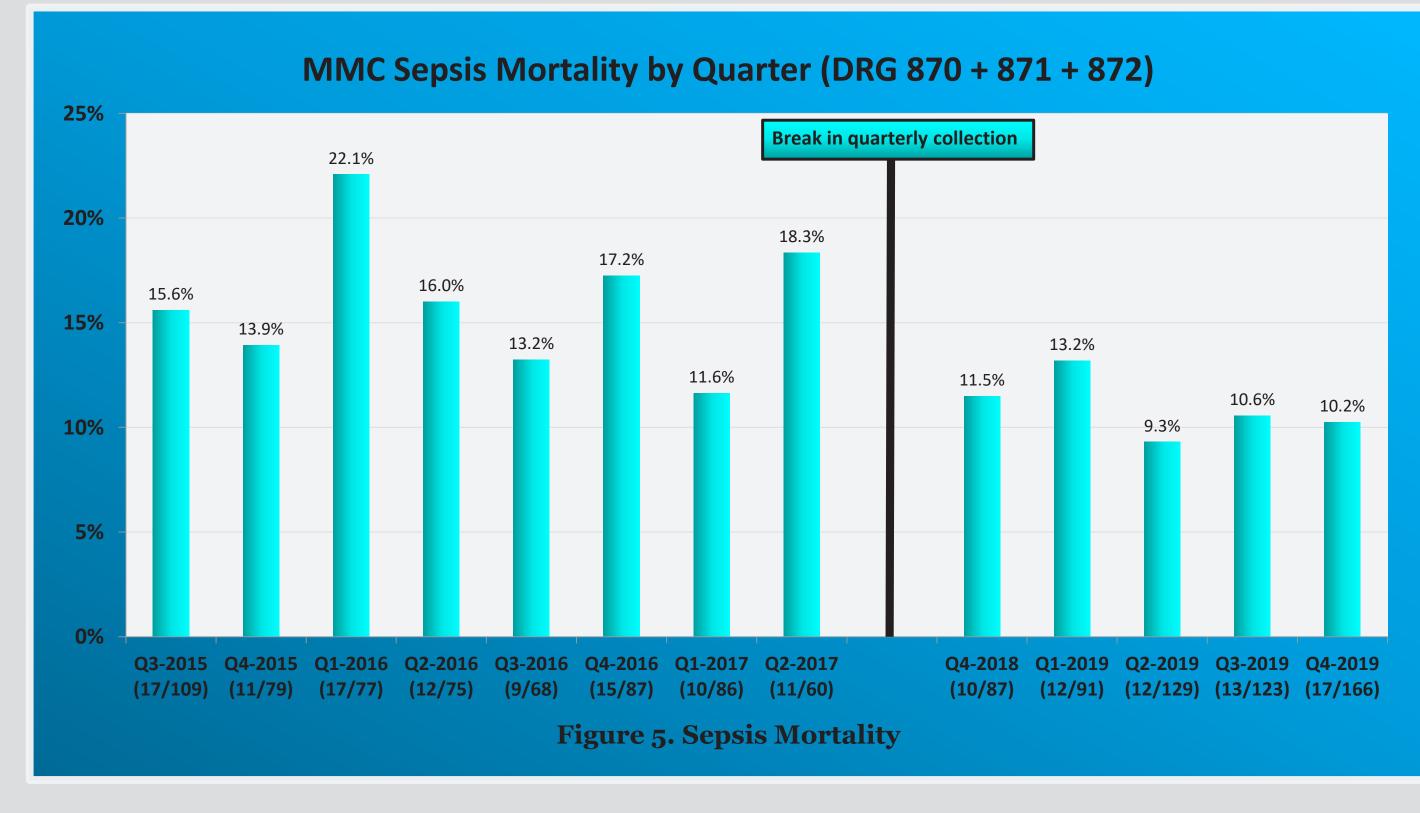


We listed and prioritized the most common outliers (Figure 2)

RESULTS

SEP-1 compliance rates proved to have inversely proportional relationship to overall sepsis-related mortality (Figure 4, Figure 5)





We then implemented the following:

- 1. Staff education including:
 - computer based training
 - wall posters (e.g. Figure 3)
 - pocket cards
 - emails
- 2. Implemented automated Sepsis early warning system
- 3. Partnering with IT to hardwire EMR order sets to facilitate sepsis identification, ordering the correct labs, imaging and therapies
- 4. Ensuring accurate records were kept for fluid administration
- 5. Monthly Sepsis Committee meetings for PDSA cycle reviews
- 6. Individual department/provider feedback for missed opportunities



KEY LESSONS

- Recognizing and treating sepsis early remains a formidable challenge
- Improving our systematic workflow was effective in
 - Improving sepsis care bundle compliance
 - Creating a better practice environment for the healthcare team
- Excellent sepsis care requires a multidisciplinary and system-based approach
- Our findings further validate prior studies, in that higher bundle compliance translates to better patient outcomes
- 100% bundle compliance is achievable but not sustainable and should not be the target
- A target compliance rate of 80% is reasonable and allows for physician autonomy in cases where applying the bundle might expose the patient to harm

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DISCLOSURES & REFERENCES

All authors have no conflicts of interest to declare

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- 2. CMS, Quality Reporting Center. "SEP-1 Early Management Bundle, Severe Sepsis/Septic Shock:v5.2 Measure Updates - 1 C.E." Home, Quality Reporting Center, 11 Jan. 2017, www.qualityreportingcenter.com/en/inpatient-quality-reporting-programs/hospitalinpatient-quality-reporting-iqr-program/archived-events/hiqr-event124/.

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