



Explore Person-Centered Language and Learn More About Substance Use Disorder

Explore Person-Centered Language

[Key Language Principles for Substance Use Disorder](#)

National Council for Mental Wellbeing

This resource looks at the role of language in perpetuating SUD stigma, with tips for assessing when and how we may be using stigmatizing language and steps for ensuring that the language we use and messages we deliver are positive, productive, and inclusive.

- [Words Matter – Terms to Use and Avoid When Talking About Addiction](#)

National Institute on Drug Abuse (NIDA)

Great examples of words advocating respect and dignity – CME/CE available for health care professionals.

- [Person-Centered Language](#)

University of Minnesota Center for Practice Transformation

Dialog examples written in both a traditional and person-centered perspective highlight the importance of utilizing person-centered language when conceptualizing an individual and describing the individual to colleagues.

- [Communication Strategies to Reduce Stigma](#)

Mountain Area Health Education Center

Tips and tools to reduce stigma and bias by starting a conversation centered on your patient.

Learn More About Substance Use Disorder (SUD)

- [What is Substance Use Disorder?](#)

This Superior Health Front Line Forces Substance Use Disorder (SUD) Series video creates a shared understanding of SUD and the struggles it causes.

- [Addiction Medicine Toolkit for Providers in Training](#)

Designed as an introduction for health care providers in training, these resources can help prepare them to become certified in the Addiction Medicine (ADM) physician subspecialty.

- [Opioid Withdrawal Explained in 10 Minutes](#)

Dr. Andrew Kim provides an understanding of what someone can expect to go through during opioid withdrawal.

- [What Causes Opioid Addiction, and Why Is It So Tough to Combat?](#)

This video explores the science of why opioids are addictive and what can be done to reverse the growing rates of addiction and overdose.