



Shine a Light on Stigma Storytelling Series

Below is a collection of personal accounts that illustrates the harmful effects of stigma in treating substance use disorder.

- [Ending the Stigma of Substance Use Disorder](#) (6.3 minutes)
Dr. Jerome Adams talks merge his expertise at the forefront of national and global health policy with his own personal experiences as a brother to someone with substance use disorder.
- [AHA's Behavioral Health Resources on Combatting Stigma](#) (6 minutes)
Daryl Tol, former CEO of AdventHealth Central Florida, shares his personal struggle with anxiety that began in college and has continued through a successful executive management career.
- [The Shame, The Denial, The Stigma of Addiction](#) (9 minutes)
Justin Phillips, founder of Overdose Lifeline perspective of the harmful effects of shame and stigma.
- [Breaking Down the Stigma of Addiction: A Witness' Story Through Art](#) (3.5 minutes)
In this video created by the National Institute on Drug Abuse, artist and advocate William Stoehr shares his story of losing a loved one to an opioid overdose.

Just Think Twice (A Series of Written Stories)

- [Leigh Jone's Story](#)
Ashleigh reached recovery as a young adult and was able to graduate at the top of her class with both her bachelor's and master's degrees.
- [Katherine Stuart's Story](#)
"I grew up in the suburbs of Indiana. I attended private schools and overall had an amazing childhood. I started experimenting with drugs at 15 years old and by age 18, I tried heroin for the first time."
- [Michael Wagoner's Story](#)
Michael's substance misuse resulted in multiple overdoses and run-ins in with the law. Today, he's in recovery focusing on rebuilding relationships with his family and being a positive influence for his son.