

WHA Collaborates on Age-Friendly Training

WHA hosted a comprehensive training by The Rush Center for Excellence in Aging, "Introducing the 4Ms Framework for an Age-Friendly Health System" on July 17. Presenters included national experts in the field, Dr. Erin Emery-Tiburcio, Dr. Magdalena Bednarczyk, and Carline Guerrier. Participants included quality leaders, nurse leaders, and other clinical leaders from rural and critical access hospitals across Wisconsin.

Becoming an Age-Friendly health system entails reliably providing a set of four evidence-based elements of high-quality care, known as the "4Ms," to all older adults in your system: What Matters, Medication, Mentation, and Mobility. In addition to the expertise offered by The Rush Center for Excellence in Aging, participants also learned from and with hospitals in Wisconsin who are on the path to becoming Age Friendly. This Age-Friendly training and two follow-up technical assistance series are generously sponsored by the Wisconsin Office of Rural Health. There will be a recording of the July 17 training available for those who were unable to attend.

Register for the upcoming technical assistance sessions to continue the conversation and assist with next steps on July 24 from 12-1 p.m. [here](#) and July 31 from 12-1 p.m. [here](#).

Contact WHA Clinical Quality Improvement Manager [Jenny Pritchett](#) for more information.

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