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WHA Information Center Data Spotlight: Mental Health Awareness

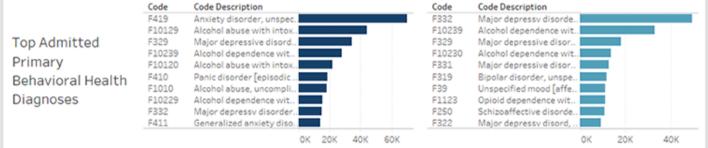
Since the start of Mental Health Awareness Month in May 1949, it has become a pillar to help address and understand mental health conditions faced by millions of Americans.



The WHA Information Center has made providing actionable data and information about mental health services provided in Wisconsin a priority of its services to help inform local, regional and statewide mental health planning efforts. WHA Information Center's mental health-focused work has included developing and publishing free, publicly available dashboards of mental health service and psychiatric bed availability trends in Wisconsin hospitals, and the development of a Psychiatric Bed Locator Tool to help speed the referral of patients for inpatient, crisis stabilization and peer respite services in Wisconsin.

The 10 publicly available WHA Information Center dashboards of mental health trends include data by place of service: inpatient and emergency department, as well as additional detail on primary diagnosis, admission detail, discharge detail, payer information and top primary behavioral health diagnoses. To visit these dashboards, click <u>here</u>.





In this chart only, Emergency Department only includes discharges coded with a place of service emergency department, meaning the patient was discharged from the hospital directly from the ED. Thus, for example, a person first admitted to the Emergency Department and then admitted to an inpatient unit at the same hospital would be counted in this chart as an inpatient discharge and not an emergency department discharge. See technical notes below.

Technical notes:

* Primary behavioral health diagnosis in this chart means a patient admitted to the hospital that has a behavioral health diagnosis coded as the principle diagnosis.

* Behavioral health diagnoses in this chart are diagnoses coded as an ICD-10 F-code diagnosis code (excluding F70-F79; developmental disability)

* Inpatient admissions in this chart include all patients admitted with a behavioral health diagnosis as their principal diagnosis, regardless of whether the patient was receiving inpatient services in a psychiatric unit or a medical unit. Thus, hospitals without a psychiatric unit may have data showing inpatient behavioral health admissions in this chart.

* Except as noted, emergency department admissions in this chart include patients discharged from the emergency department to home or another facility and patients first admitted to the hospital's emergency department and then transferred to an inpatient or observation bed within the same hospital.

* Counts fewer than six will return no data.

In addition, utilizing hospital discharge data reported quarterly to WHA Information Center, the WHA Information Center offers services to analyze aggregate mental health, substance use disorder and other services trends provided in hospital locations at a

more granular level for organizations seeking greater detail. New data is added quarterly, approximately four months after the end of the service quarter. Data through Q4 2023 is currently available. For more information about custom data requests, contact WHA Information Center's Brian Competente at <u>bcompetente@wha.org</u>.

WHA has also created a "<u>Did You Know?</u>" series of brief social media posts on X (formerly Twitter) for Mental Health Awareness Month, focusing on data, policy and perspectives to help raise awareness of the complexity of mental health care challenges facing patients and providers and inform future solutions. To follow WHA's Mental Health Awareness Month messaging on X, go to <u>https://x.com/wihospitalassn</u>.

Other Articles in this Issue

- WHA Presents State Capitol Briefing on 2024 Health Care Workforce Report
- Illinois Legislature Passes Bill Prohibiting Prior Authorization for Inpatient Mental Health Admissions
- Grassroots Spotlight: Lt. Gov. Rodriguez Visits The Richland Hospital and Clinics
- WHA Information Center Data Spotlight: Mental Health Awareness