

Care for the Caregiver Webinar: Register Today

In partnership with WHA Corporate Member Herzing University, WHA is excited to announce an upcoming complimentary webinar for members.

Care for the Caregiver: Prioritizing Your Well-Being While Supporting Others will be held on January 16, 2025, from 10 – 11 a.m.

This interactive presentation will focus on well-being and self-care for social workers, nurses and other caregiving professionals. It will provide information on secondary traumatic stress and vicarious trauma and realities faced in this work, providing a rationale for why this topic is so important. Additionally, the presentation will include a practical component that allows participants to assess their level of secondary traumatic stress and consider how to create a self-care plan that is tailored to their needs. This presentation also debunks the myth that self-care is time prohibitive, expensive or simply a trendy topic.

For more information on this webinar, including registration, click [here](#).

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